

**Yani L. Dickens, PhD, MBA, CMPC  
Director of Training, Associate Director  
Counseling Services, University of Nevada, Reno  
Licensed Clinical Psychologist, NV #PY0560  
Certified Consultant, Sport Psychology, AASP # 414**

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**EDUCATION**

<b>University of Nevada, Reno</b> 1664 North Virginia Street Reno, NV 89557-0042	2016-2018
Executive Master of Business Administration	2018
<b>University of Nevada, Las Vegas</b> 4505 S. Maryland Parkway Las Vegas, NV 89154-1029	2000 – 2007
Doctoral of Philosophy in Psychology, Clinical (APA-Accredited)	2007
Master of Arts in Clinical Psychology, Clinical	2004
<b>Utah State University Counseling Center</b> (APA-Accredited Internship)	2006 – 2007
<b>University of Nevada, Reno</b> 1664 North Virginia Street Reno, NV 89557-0042	1995 – 2000
Bachelor of Arts in Psychology & Sociology, Cum Laude	1999

**LICENSED PROFESSIONAL EXPERIENCE**

<b>Director of Training</b>	<b>2011-current</b>
<b>Associate Director</b>	<b>2018-current</b>
<b>Assistant Director</b>	<b>2016-2018</b>
<b>Interim Director</b>	<b>Fall 2016</b>
<b>Staff Psychologist</b>	<b>2008-2011</b>

**Counseling Services  
University of Nevada, Reno (UNR)  
Reno, NV 89557-0080**

Provide group and individual supervision and clinical training to doctoral level practicum students, doctoral interns, and postdoctoral fellows. Oversee and organize Counseling Services training program. Provide intakes, counseling, and provide crisis consultations to university students. Provide eating disorders prevention and outreach, work with students and athletes with eating disorders. Teach undergraduate sport psychology classes. Serve as

liaison to athletics, providing sport psychology consultations and interventions, and serve as Clinical Adjunct Faculty member at University of Nevada Sports Medicine Fellowship program. Certified Consultant, Association for Applied Sport Psychology (CC-AASP). Listed in the United States Olympic Committee (USOC) Sport Psychology and Mental Training Registry, a directory of qualified sport psychology and mental training specialists.

Supervisor: Cynthia Marczyński, Ph.D., Counseling Services Director

**Research Psychologist on NIMH Grant, University of Nevada, Reno** 2014-2016

Serve as therapist and consultant. Principal Investigator: Pistorello, J. (2014-2017). Feasibility of Adaptive Treatments for Suicidal College Students: a SMART Design (R34 MH104714; Sponsor: National Institute of Mental Health or NIMH; Co-Investigator: David Jobes, Ph.D, Catholic University of America). The primary aim of this pilot study is to conduct feasibility research to inform the implementation of a future full-scale SMART (sequential, multiple assignment, randomized trial) that will be used to construct adaptive treatment strategies to address suicidality in college students seeking services at college counseling centers. Two approaches will be incorporated in the adaptive sequences: Collaborative Assessment and Management of Suicidality (CAMS), Jobes, 2006) and Dialectical Behavior Therapy (DBT, Linehan, 1993, 2015).

Supervisor: Jacqueline Pistorello, Ph.D., Principal Investigator

**Center for Hope of the Sierras**  
**1453 Pass Dr.**  
**Reno, NV 89509**

**Therapist** 2010 – 2012  
**Director of Research/Research Consulting** 2011 – 2014

Provide treatment outcome research for program evaluation and program enhancement. Presented research at national eating disorders conferences. Provide assessment and treatment consultations.

**Private Practice** 2010 – current  
**126 Mt. Rose St.**  
**Reno, NV 89509**

Provide assessment and individual therapy in private practice setting. Provide sport psychology consultations and psychoeducational outreach to individuals and groups.

**PSYCHOTHERAPY & ASSESSMENT PRACTICA AND EXPERIENCE**

**Northern Nevada Adult Mental Services (NNAMHS)** 2007 – 2008  
**(Post-Doctoral Fellowship)**  
 480 Galletti Way  
 Sparks, NV 89431-5574

Supervisors: Ingrid Moore, Ph.D., Kambiz Alaei, Ph.D., & Rebecca Mueller, Ph.D.

**Utah State University Counseling Center** 2006 – 2007  
**(APA-Accredited Internship)**

Taggart Student Center 306  
 0115 Old Main Hill  
 Logan, UT 84322-0115

Supervisors: David Bush, Ph.D., Mark Nafziger, Ph.D., & Mary Doty, Ph.D.

**Lewis Etcoff & Associates** 2003 – 2004

8475 S Eastern Ave  
 Las Vegas, NV 89123

Supervisors: Lewis Etcoff, Ph.D. & Michelle Carro, Ph.D.

**Counseling & Psychological Services** 2002 – 2003

University of Nevada Las Vegas  
 4505 Maryland Parkway  
 Las Vegas, NV 89154

Supervisors: Ken Swartz, Psy.D., Steve Oster, M.F.T., & Phoebe Kuo-Jackson, Ph.D.

**Center for Individual, Couple, & Family Counseling** 2001 – 2002

University of Nevada Las Vegas  
 4505 Maryland Parkway Box 453047  
 Las Vegas, NV 89154-3106

Supervisors: Mark Floyd, Ph.D., Christopher Kearney, Ph.D., & Colleen Peterson, Ph.D.

**Achievement Center** 2000 – 2001

University of Nevada, Las Vegas  
 4505 Maryland Parkway MS 5030  
 Las Vegas, NV 89154

Supervisor: Bradley Donohue, Ph.D.

**TEACHING EXPERIENCE**

**University of Nevada Reno** 2007 – current

Part-Time Instructor, Justice Management Department, Graduate Courses

- Research Methods (Fall 2007, Summer 2007, Spring 2008, Summer 2008, Fall 2008, Spring 2009, Summer 2009, Fall 2009, Spring 2010, Summer 2010, Fall 2010, Spring 2011, Spring 2012, Summer 2012, Spring 2013, Fall 2013, Spring 2014, Fall 2014, Spring 2015, Fall 2015, Spring 2016, 21 classes)

Part-Time Instructor, Psychology, Community Health Sciences, Undergraduate Courses

- Introduction to Psychology (Spring 2008, Honors Class Fall 2008, 1 class)
- Sport Psychology (Summer 2010, Winter 2011, Summer 2012, Winter 2012, Winter 2013, Summer 2013, Winter 2014, Summer 2014, Winter 2015, Summer 2015, Winter 2016, Summer 2016, Winter 2017, Summer 2018 (14 classes)

**University of Nevada, Las Vegas**

2002 – 2006

Part-Time Instructor, Psychology Department, Undergraduate Courses

- Introduction to Psychology (12 classes), Research Methods (5 classes), Abnormal Psychology (2 classes)

**EMPLOYMENT**

**West Hills Hospital**

1999-2000, 2001

1240 East Ninth Street  
Reno, NV 89512

Provided support/monitoring to children, adolescents, adults in inpatient psychiatric setting.

**VOLUNTEER WORK**

Diversity and Community Service Experience  
Nevada & Arizona Camp Anytown Program

1993 – 2009

Participated 18 times in a cultural diversity camp sponsored by the National Conference of Community and Justice as a Camp Counselor (10 weeks), Camp Advisor (3 weeks), Mental Health Advisor (2 weeks), Director in Training (1 week). Supervised of camp attendees, counselors, and discussion groups. Facilitated all-camp discussions and experiential exercises on issues ranging from gender relations, religious diversity, prejudice, stereotypes, SES differences, and culture. Developed and modified programming. Served as Mental Health Advisor in Summer 2008 at Camp for Casey Foundation adolescents in foster care.

**PROFESSIONAL AFFILIATIONS**

United States Olympic Committee (USOC) Sport Psychology Registry	2016-current
Certified Consultant, Association for Applied Sport Psychology	2012-current
American Psychological Association (APA) & Division 47 Member	2016-current
Member, Association of Counseling Center Training Agencies	2012-current
Adjunct Faculty, Clinical Psychology, Department of Psychology	2012-current
Clinical Assistant Professor, Department of Family Medicine, Reno	2009-current
Graduate Faculty, Justice Management Degree Program, UNR	2009-2016
Vice President, Northern Region. Nevada Psychological Association	2009-2015
President, Northern Region. Nevada Psychological Association	2015-2016
Board Member, Nevada Psychological Association Training Consortium	2010-2013
Treasurer, Nevada Psychological Association Training Consortium	2013-2016

**GRANTS, HONORS, AND AWARDS**

America Psychological Association for Internship Programs	2017
Graduate Student Research Award. Department of Psychology, University of Nevada Las Vegas	2001, 2003
Graduate Student Research Award. Achievement Center, University of Nevada Las Vegas	2001
Research and Travel Grant. Graduate College, University of Nevada Las Vega.	2001
Phi Kappa Phi Honor Society	1999
Psi Chi Honor Society	1998

**PUBLICATIONS**

- Dickens, Y. L., Van Raalte, J. L., & Hurlburt, R. T. (2018). On Investigating Self-Talk: A Descriptive Experience Sampling Study of Inner Experience during Golf Performance. *The Sport Psychologist, 32*(1), 66-73.
- Pistorello, J., Jobes, D., Compton, S., Locey, N. S., Walloch, J. C., Gallop, R., ... & Dickens, Y. (2017). Developing Adaptive Treatment Strategies to Address Suicidal Risk in College Students: A Pilot Sequential, Multiple Assignment, Randomized Trial (SMART). *Archives of Suicide Research*.
- Dickens, Y. L., Haynos, A. F., Nunnemaker, S., Platka-Bird, L., & Dolores, J. (2014). Multidisciplinary Residential Treatment of Type 1 Diabetes Mellitus & Co-Occurring Eating Disorders. *Eating Disorders: The Journal of Treatment & Prevention, 00*:1-10.
- Donohue, B., Dickens, Y., & Del Vecchio, P. (2011). Cognitive Assessment in Behavioral Sport Psychology. In J. Luiselli, & D. Reed (Eds.), *Behavioral Sport Psychology: Evidence-Based Approaches to Performance Enhancement*. Springer.
- Donohue, B., Silver, N., Dickens, Y., Covassin, T., & Lancer, K. (2007). Development and Psychometric Evaluation of the Sport Interference Checklist (SIC). *Behavior Modification, 31*(6), 937-957.
- Donohue, B., Dickens, Y., Lancer, K., Covassin, T., Hash, A., Miller, A., & Genet, J. (2004). Improving athletes' perspectives of sport psychology consultation: A controlled evaluation of two interview methods. *Behavior Modification, 29*, 181-193.
- Donohue, B., Covassin, T., Lancer, K., Dickens, Y., Miller, A., Hash, A., & Genet, J. (2004). Examination of psychiatric symptoms in student athletes. *Journal of General Psychology, 163*, 29-35.

## **PROFESSIONAL PRESENTATIONS**

- Van Raalte, J. L., Vincent, A. Brewer, B. W., Latinjak, A. T., Zourbanos, N., Kalymniou, A., Bhavsar, N., Apostolou, L., Theodorakis, Y., Hatzigeorgiadis, A. Dickens, Y., Hardy, J., Roberts, R., Collins, R., Tod, D., & Oliver, E. (2015, July). *Self-Talk in Sport Performance, Golf and the Phenomenology of Self-Talk*, symposium at the 14th European Congress of Sport Psychology Organizers in Bern, Switzerland.
- Dickens, Y. L. (2015, May). *Psychological Interventions that Facilitate Physical Activity: How to Overcome Barriers with an Understanding of Sport and Exercise Psychology*. Presentation at American Association of Service Coordinators: Effective Health & Wellness Programs for Older Adults in Reno, NV.
- Dickens, Y. & Hurlburt, R. (2014, October). *Inner Experience and Golf Performance*. Poster presented at Association for Applied Sport Psychology Conference in Las Vegas, NV.
- Dickens, Y., Haynos, A., Nunnemaker, S., & Platka-Bird, L. (2013, March). *Residential Treatment of Diabetes Mellitus & Eating Disorders*. Poster presented at 11th London International Eating Disorders Conference.
- Dickens, Y., Platka-Bird, L., & Nunnemaker, S. N. (2012, August). *Residential Treatment of Diabetes Mellitus & Eating Disorders*. Poster presented at American Association of Diabetes Educators Conference.
- Silver, N. Zaikina, H., Dickens, Y., Caron, J., Stevens, R., Van Thomma, R.A., & St. Martin, A. (2007, April). *Sex and Ethnicity Differences on the Sport Fan Motivation Scale*. Poster presented at Rocky Mountain Psychological Association, Denver, CO.
- Silver, N. Zaikina-Montgomery, H., Dickens, Y., Stevens, R., & Van Thomma, R.A. (2007, April). *Development of the Sports Fanaticism Questionnaire*. Poster presented at Southwestern Psychological Association Conference, Fort Worth, TX.
- Dickens, Y. (2006, November). *Inner Experience and Golf Performance*. Poster presented at the Utah Universities & College Counseling Centers Conference, Park City, UT.
- Jones-Forrester, S., Dickens, Y., & Lefforge, N. (2006, April). Applications. In R. T. Hurlburt (chair), *Exploring Inner Experience: The Descriptive Experience Sampling Method*, Symposium conducted at the meeting of the Western Psychological Association, Palm Springs, CA.
- (Evans) Dickens, J. & Dickens, Y. (2005, September). *Exploring criminogenic needs for inmates with dual diagnoses: On what should treatment focus?* Poster presented at the National Association of State Mental Health Program Directors – Forensic Division, Lake Tahoe, NV.
- Evans, J., Skeem, J. L., Dickens, Y., Adams-Shrewsbury, D., & Drake, A. (2005, March). *Criminogenic needs and treatment considerations for inmates with dual diagnoses*. Paper presented at the annual meeting of the American Psychology – Law Society, La Jolla, CA.

- Lancer, K., Dickens, Y., & Evans, J. (2003, May). *A controlled evaluation of a comprehensive mental skills program for NCAA and Youth Club Swimmers*. Poster presented at the 84<sup>th</sup> annual meeting of the Western Psychological Association, Vancouver, BC, Canada.
- Dickens, Y. (2003, April). *Evaluation of Mental Preparation Strategies for the 200 Meter Run*. Paper presented at the Psychology Department's Annual Research Festival, University of Nevada Las Vegas, Las Vegas, Nevada.
- Dickens, Y., Hash, A., Lancer, K., Donohue, B., Genet, J. (2001, May). *Controlled evaluation of two methods to enhance athletes' perspectives of sports psychology*. Poster presented at the 81<sup>st</sup> annual meeting of the Western Psychological Association, Maui, Hawaii.
- Lancer, K., Dickens, Hash, A., Donohue, B., Genet, J., Preston, B., and Volkov, L. (2001, May). *The relative effect of dysfunctional thoughts to athletic training and competition*. Poster presented at the 81<sup>st</sup> annual meeting of the Western Psychological Association, Maui, Hawaii.
- Forest, S., Donohue, B., Hash, A., Lancer, K., Dickens, Y., & Allen, J. (2001, May). *An Empirically-Derived Performance Enhancement Program Specific for Cross Country Runners*. Poster presented at the 81<sup>st</sup> annual meeting of the Western Psychological Association, Maui, Hawaii.

### REFERENCES

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| <p>Kambiz Alaei, Ph.D.<br/>Northern Nevada Adult Mental Health Services<br/>480 Galletti Way<br/>Sparks, NV 89431-5574</p>   | <p>Lewis Etcoff, Ph.D.<br/>8475 S Eastern Ave<br/>Las Vegas, NV 89123<br/>702-876-1977</p>   |
| <p>Cynthia Marczynski, Ph.D.<br/>Pennington Student Achievement Center 420<br/>University of Nevada, Reno/0080<br/>Reno, NV 89557<br/>775-784-4648</p>               | <p>Jacqueline Pistorello, Ph.D.<br/>Pennington Student Achievement<br/>University of Nevada, Reno/0080<br/>Reno, NV 89557<br/>775-784-4648</p>   |
| <p>David Bush, Ph.D.<br/>Utah State University Counseling Center<br/>Taggart Student Center 306<br/>0115 Old Main Hill<br/>Logan, UT 84322-0115<br/>435-797-1012</p> | <p>Bradley Donohue, Ph.D.<br/>University of Nevada, Las Vegas<br/>4505 Maryland Parkway MS 5030<br/>Las Vegas, NV 89154<br/>702-895-0181</p>     |
| <p>Marta Meana, Ph.D.<br/>University of Nevada, Las Vegas<br/>4505 Maryland Parkway MS 5030<br/>Las Vegas, NV 89154<br/>702-895-3305</p>                             | <p>Russell T. Hurlburt, Ph.D.<br/>University of Nevada, Las Vegas<br/>4505 Maryland Parkway MS 5030<br/>Las Vegas, NV 89154<br/>702-895-3305</p> |